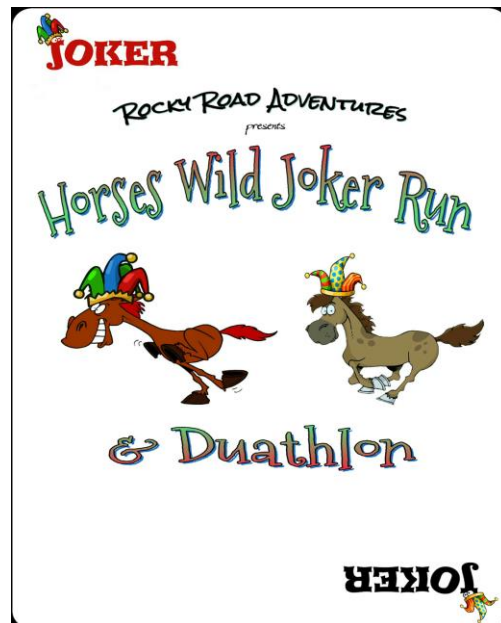




2022

# HORSES WILD JOKER DARE 1HR <> 4HR <> 7HR TRAIL RUN & MTB CHALLENGE



## **REGISTRATION**

>Registration for the event is available online and should be completed by each participant. Click the “Click Here To Register” tab link on the Rocky Road Adventures website and follow the instructions for the Webscorer registration process.

Entry fees due at the time of online registration and are non-refundable.

If you need help, please contact the race director, Kristal Romans at 775-513-0432. I will do my best to you help out or I will contact Webscorer for further assistance.

### **Participant Age Restrictions & Waiver:**

Any participant under the age of 18 must have a parent or legal guardian sign the Waiver online during registration or on race day sign ups waivers signed before anyone can participant or volunteer. Any child under the age of 17 years old, must have a parent or guardian present during race.

Waivers must be signed to participant in event. Also included with participating in event waiver there is a communicable disease waiver that also must be signed before participating. All waivers are included in the registration online.

## **IMPORTANT DATES & INFORMATION**

This race guide contains important participant information. Each participant is responsible with becoming familiar with everything contained in this guide and to know all significant information. The race guide is subject to change and will be final the week before the race.

**A. RACE DIRECTOR:** Kristal Romans – email: rockyroadadventures@yahoo.com

### **B. REGISTRATION DATES & FEES:**

Online Registration Deadline = September 22nd, 2022 at end of day <> Register at Webscorer.com

Race Day Registration = Up to 30/45 min prior before race start <> registration fee increases by \$5 an entrant.

#### Distances To Choose From:

A In The Hole ♠ 1 Hr Journey Run or MTB or Combo - Entry Fee Open \$45

4 of Kind ♣ 4 Hr Strong Run or MTB or Combo - Entry Fee Open \$65

7 High Card ♦ 7 Hr Accomplish Run or MTB or Combo - Entry Fee Open \$85

### **C. EVENT DATE & SCHEDULE:**

Race Start: Barnes Canyon Mountain Bike Trailhead, just a few miles outside of Caliente, Nv down Clover Creek Rd. \*See Race Website for Directions for Trailhead, [www.rockyroadadventuresnv.com](http://www.rockyroadadventuresnv.com)

Saturday, September 24th, 2022 – RACE DAY

5:30-6:30am – Check-in & Last-minute Sign-ups for 7/4/1 hr

7:00 am - 7HR Trail Run / MTB Start

7:30-8:30am – Check-in & Last-minute Sign-ups for 4hr & 1hr

9:00 am – 4HR Trail Run / MTB Start

10:00 am – 1HR Trail Run / MTB Start

### **MEETING 15/20 MIN BEFORE RACE START**

A brief informational meeting will be held during check-in to go over any safety issues, course concerns, location of aid stations, aid station check in requirements, and answer any questions.

## **D. AID STATIONS/HYDRATION**

Due to the lack of road accessibility on this course and help (volunteers), aid stations might be small or no aid stations along each course. Please come equipped with water hydration pack with food/snacks, and bike tools/gear.

Start / Finish will have food, water, and Tailwind Nutrition.

## **E. COURSES**

There will be a 8.8 miles and a 3 mile course to choose from as your ride and / or run.

Each course is its own individual course, but both will share 1.7 mi (Upper Primer Trail).

- **Mongoose Loop > 8.8-mile Course:** Mongoose 2.6 mi, More Goose 0.4 mi, Rocky Top 1.4 mi, Back 40 1.4mi, Parallel 1.3mi, Upper Primer 1.7mi = 1,154 ft gain
- **Primer Loop > 3-mile Course:** Lower Primer 1.3mi & Upper Primer 1.7mi = 452 ft gain

The course markers and/or signage will be color coded to the route participant is biking or running.

The Mongoose Loop, 8.8 mi course will be marked in pink marking ribbon and pink arrows.

The Primer Loop, 3 mi course will be marked in green marking ribbon and green arrow.

TRAILFORK APP IS A GREAT MAP APP FOR THESE TRAILS!

## **F. CAMPING**

There are a few spots for camping at Barnes Canyon Trailhead with tables and bbq pits. Also at trailhead is a vault restrooms. There is also some camping at TeePee Rocks just pass the trailhead up Barnes Canyon Rd just a mile or so. I, race director, will be camping at main trailhead Friday night. There isn't any water.

Also FYI, there is not any service at the trailhead.

## **G. COURSE RULES**

Many of these rules follow the principles of LEAVE NO TRACE. You should know and practice these principles outside of the race, whenever you are on the trails.

**Take Nothing** Take nothing but photos. Leave natural or historic objects as you find them, this includes wildflowers and native grasses. Removing or collecting trail markers is serious vandalism that puts others at risk.

**Leave Nothing No littering.** Leave nothing but footprints or tire prints. Pack out at least as much as you pack in. Gel wrappers with their little torn-off tops and old water bottles don't have a place on the trail. Consider wearing apparel with pockets that zip or a hydration pack that has a place to secure litter you find on the trail. Any runners who are reported to have damaged private or public property or to have littered or defecated on the course will be disqualified and will not be invited back. Toilets and limited trash cans will be provided at start, throughout race, and finish line.

**Stay on the Trail** Run or bike only on designated trail surfaces. Cutting switchbacks or running next to the trail increases our footprint on the natural environment. When multiple trails exist, run or bike on the one that is the most worn. No cutting the course. Call out "on your left" when trying to overtake another runner and allow other runners to pass you.

**Run Over Obstacles** Run or bike single file in the middle of a trail, even when laden with a fresh blanket of snow or mud. Go through puddles and not around them. Running or riding around mud, rocks, or downed tree limbs widens trails, impacts vegetation, and causes further and unnecessary erosion. Use caution when going over obstacles but challenge yourself by staying in the middle of the trail.

**No Dogs** No dogs on the course.

## **H. RACE RULES**

Violations of rules listed in the Trail Guide will be reviewed by the Race Director. Violations may result in disqualification.

### **Follow Race Officials Instructions**

Race officials include staff and volunteers. Course volunteers are considered Race Officials. They have authority to disqualify a participant for rule violations, abusive behavior, or a participant's failure to follow instructions given by volunteers. Abusive treatment or disregard for their instruction will result in disqualification.

### **Follow Correct Route**

Navigation is responsibility of each rider. Riders/runners are responsible to make sure that they stay on the course. If a rider/runner gets off course, they are to return to the point where they went off course and continue from there. Markings will be placed along the course but be prudent in your knowledge of the course. \*See Course for more details of courses.

\*Note: These trails are open to the public and will be open to the public during the race, please be considerate of non-participants. Thank you!

### **Visible Race Number**

Race bibs must be placed on the front of the bike handlebars visible for race director and officials to see, this is how we will be timing the race/participants, also for volunteers to log each participant at aid stations.

## **I. TIMING**

*7 Hr Race: Start time of 7 am:* The ending time for the 7-hour distance will be 2 pm. You must cross start/finish line before 2pm to go out on another lap.

*4 Hr Race: Start time of 9 am:* The ending time for the 4-hour distance will be 1pm. You must cross start/finish line before 1pm to go out on another lap.

*1 Hr Race: Start time of 10 am:* The ending time for the 1-hour distance will be 11am. You must cross start/finish line before 11am to go out on another lap.

\*Each racer must dismount (riders) before going through start/finish timing. Please all participants go through the timing area slowly to assure your time is recorded. This will be a gun start timing.

## **J. SAFETY RULES**

### **Safety is our number one priority.**

There are many potential hazards in a race of this type including, but not limited to: trail conditions, weather, and wild animals. We ask that all participants please take appropriate precautions to insure a fun and safe event. Please help us keep the race safe by focusing on being safe participants, safe campers, and by helping us keep the race as a whole safe.

### **BIKING IN THE COLD & HEAT**

The temperatures will mostly be hot, but it is May in Nevada, could be cold and snowy. Biking conditions will generally warm up as you get moving and long sleeves may end up tied around your waist. Prepare for extremes in hot weather and or cold weather.

### **BIKE REPAIRS**

Bike repairs will not be available at race or on the course, please come with own repair kits, tires, tubes, and so forth to get your bike going again. Self-sustained race.

Race event will do its best to have an on-site mechanic but no guarantees.

**WET WEATHER** – Be aware of the possibility of wet weather.

### **ALCOHOL**

No alcohol, drugs, or tobacco allowed before, during, or after race. Once the last runner has finished and race is officially over then each participant is not required to follow rules.

### **HYDRATION**

Staying hydrated is critical to having a fun and successful race, not to mention staying healthy and avoiding a heat related illness such as dehydration, heat exhaustion, or heat stroke. Participants must ensure their safety by monitoring the condition of themselves.

Participants should pre-hydrate before they compete at event, hydrate while riding, and re-hydrate after each of lap. Slowing your pace and applying a wet cloth to the head and back of the neck are effective methods of keeping your core body temperature down. If you are worried about the condition of yourself or another rider with you, please notify race director and or visit the clinic in Caliente. Hospital Information: Grover C Dils, 700 N. Spring St. Caliente Nv 89008, (775) 726-3171.

\*Some water will be at aid stations, but only a limited amount. Also, it's encouraged to be a responsible trail participant and carry your own water and nutrition during this event.

### **PERSONAL MUSIC DEVICES & HEADPHONES**

The use of personal music devices with headphones during this event isn't recommended, the trail requires that all participants be alert and aware of their surroundings at all times. Wearing personal music devices causes distractions and the inability to hear what is going on around the participant, like hearing for rattlesnakes or a biker coming up behind you. If you still choose to use them, you do so at your own risk and must meet the following requirements: Be aware of the sounds around you. Be able to hear instructions from course officials when speaking at a reasonable tone (not yelling). Be able to hear "on your left". Listen for other riders trying to pass you.

Safe use tactics: When riding you should be able to hear you own tire tread, if you can't your volume is too high.

## **WILD ANIMALS**

The solitary nature of trail hiking, running, or biking can be exhilarating but trying to be as quiet as possible is not a good strategy in the backcountry. Startling wildlife, especially rattlesnakes, can cause a dangerous situation. Making noise while you are running will help alert wildlife of your presence and keep you safe. If you do see a wild animal, common practice is to make noise and to keep your distance.

Many wanted to name this trail "Rattlesnake Loop", please be cautious to the desert and the home of these poisonous reptiles. They are more afraid of you than you are of them. Keep your distance and if one is in the middle of the trail, just wait till it passed into the desert.

First Aid of Rattlesnake bite: If you do get bitten by a rattlesnake, the most important step is to try not to move the extremity, less blood flow is the best. Found something like a stick, a good size stick and stabilize the extremity in place with rope, string, anything you can find to tie stick to extremity and in place. Phone 9-1-1 immediately so we can get an ambulance in route. Caliente is home to our local hospital; we can get you to the hospital quick. It will also help if you have a device on you that can help us with coordinates to where you are at on the course.

Do Not suck the poison out. Do Not cut into bite. Just stabilize it and try hard to keep it immobilized. Stay put in place until another rider comes by you, notify that rider and they will get word asap to race director and or 9-1-1.

## **IN CASE OF INJURY/EMERGENCY**

If you are injured while riding out on the course, NEVER cut across the desert as a shortcut back to the start or to the finish line. Continue to follow the trail markings to the closet next aid station or go backwards along the course to get back to the last aid station you came from, whichever is the closet. If you cannot walk, just sit down along the trail. We will get someone out to help you.

Participants are strongly encouraged to bring first aid kits and treat their own minor first aid issues. In the event of an emergency, notify the nearest race volunteer (placed at each aid station or another participant, as they will be able to communicate with the Race Director). If you are not near any race officials and the emergency is severe call 911, then the Race Director, phone number 775-513-0432.

## **BAD WEATHER**

The race will occur rain or shine. However, under certain severe weather conditions where significant damage or alterations to the race course occur, we reserve the right to cancel the event, shorten the event, and/or hold participants until the weather improves. There will be no refunds given if the race is canceled due to weather. Conditions that may result in the race being canceled or delayed include but are not limited to the following: severe heat, electrical storm, snowfall, tornadoes, earthquakes, hurricanes, flooding, fog, etc.

\*If event is cancelled due to weather and will cause damage to the trails/course, RRA will allow deferred event fees to the rescheduled race date and or to 2022 event. Again, no refunds will be given.

## **K. THINGS TO BRING**

### **WHAT TO WEAR AND WHAT TO BRING**

- As a participant, compete in comfort and normal training clothing. Weather could be cold, could be warm.
- Must bring and/or compete with some sort of hydration pack and or water bottle. There will not be any water or aid on the course.
- Sunglasses, sunscreen, bug spray.
- Pop shade and chairs for your very own pit stop area.

**UPDATED 3/14/22**

### More Rule of Race

1. **Be nice** to your camp neighbors and fellow riders/runners.
2. **No e-bikes of any sort will be allowed to compete.**
3. **No Littering:** we spent a lot of time building these trails. Please treat them with respect. Any racer found intentionally littering the course will be disqualified.
4. **Helmets:** required when on the bicycle at any time, whether racing or not.
5. **Course Mechanical Support:** on the course racers may receive mechanical assistance from another registered racer. A rider providing assistance to another rider must have entered the course under their own power, either on foot or on a bicycle, not by motorized vehicle. Any participant who has entered the course in support of another may bring equipment and tools and may even swap bikes with the rider in need of support. The cannibalizing of bikes is permitted.
6. No muling for another rider, no help on the course by anyone that is not a registered participant or race officials.
7. **Canceling a Lap:** once on course, a racer is expected to complete the lap. However, should the racer be unable to complete the lap for any reason, including injury, the racer will need to notify another racer if possible so that participant can notify the race director and or staff.
8. **Passing Etiquette: (A)** Racers riding bicycles have the right of way over racers pushing bicycles. When practical, racers pushing should stay on the least rideable portion of the path when being passed. A racer pushing or carrying his bicycle can overtake a racer riding his bicycle provided he does not interfere with the rider's progress. **(B)** Lapped riders must yield to overtaking riders. Riders should clearly voice the command "Track, on your left, I'd like to pass," etc, when overtaking another rider. **(C)** Riders being passed must move over as quickly and efficiently as safely as possible. **(D)** It is the responsibility of the passing rider to overtake safely. **(E)** In the event two riders are vying for position, the leading rider does not have to yield his position to the challenging rider. However, a rider may not bodily interfere with the intent to impede another rider's progress. **(F)** Traditional rules of racing apply: the leading rider owns the track.
9. **Course Cutting:** any attempt to cut the course will result in immediate disqualification of that racer.
10. **Bad Attitudes: Unsportsmanlike behavior will not be tolerated,** if there are two or more complaints about unsportsmanlike behavior the racer and his or her team will be disqualified from the race, asked to leave the venue, and will not be welcome at future events. We will also talk smack about you. Refer to rule #1.
11. **Penalties:** all penalties are determined on a case-by case basis by the Race Director.
12. **Act of God:** In the case of catastrophic failure due to weather or another extenuating circumstance that prevents the ongoing scoring of the event or creates a racing environment that is deemed too dangerous for the participants, the race may be called as of a certain time, or postponed and restarted, or any other way we damn well please.
13. **Protests:** must be in writing and submitted to the Race Director no later than one hour after the final race result posting. Protests should describe the incident in detail and contain names, addresses, phone numbers and signatures of participants and witnesses to the incident. A \$20.00 cash deposit must accompany all protests. The Race Director shall make a ruling on the protest within 24 hours. Should the ruling be against the team the deposit will be forfeited. If the ruling is in favor of the team and the protest upheld, the deposit shall be refunded.
14. **Have fun!** AND Be sure to bring your friends/family, camp chairs, pop-up tents and set up to cheer on the racers.

## RULES FOR POKER CHALLENGE

POKER CHIPS WILL BE PLACED THROUGHOUT THE MONGOOSE & PRIMER LOOPS, 5 POKER CHIPS FOR EACH COURSE. ONLY 5, NO MORE THAN THAT, BE ON LOOKOUT FOR RED SOLO CUPS THAT WILL BE HOLDING THE POKER CHIPS.

THE CUP OF POKER CHIPS WILL BE HANGING FROM A TREE OR SITTING ON A ROCK, SOMEWHERE THAT SHOULD BE VERY VISIBLE.

1. COLLECT 5 POKER CHIPS OUT ON COURSE
2. GRAB ONE POKER CHIP AT EACH CUP
3. YOU SHOULD COME IN FROM YOUR LAP WITH 5 POKER CHIPS (MUST HAVE 5 DIFFERENT COLORED CHIPS)
4. TURN POKER CHIPS INTO R.D., KRISTAL.
5. R.D. WILL DEAL YOU 5 CARDS FOR 5 CHIPS \*IF YOU COLLECT 4 CHIPS YOU GET 4 CARDS AND SO ON.
6. LOOK AT CARDS SO YOU KNOW WHAT YOU HAVE.
7. GIVE CARDS BACK TO R.D., WHO THEN WILL PUT COLLECTED CHIPS AND CARDS DEALT INTO A SANDWICH BAG WITH YOUR NAME AND BIB #.
8. ONCE EVERYONE HAS FINISHED THE RACE, R.D. WILL LOOK AT POKER HANDS AND SEE WHO WINS THE POKER CHALLENGE AND THE CUSTOM RACE SILVER KEYCHAIN.

POKER HAND RANKINGS BELOW & **JOKERS ARE WILD!!**



**Poker Hand Rankings**

<b>1. Royal Flush</b>  A consecutive run of cards from ten to ace all in the same suit.	<b>6. Straight</b>  Five consecutive cards, varying suits. An ace can be the highest or the lowest card in the hand.
<b>2. Straight Flush</b>  A consecutive run of five cards all in the same suit.	<b>7. Three of a Kind</b>  Three cards of same rank with two other non-paired cards.
<b>3. Four of a Kind</b>  Four cards all of same rank. (Eg J-J-J-J, 2-2-2-2)	<b>8. Two Pair</b>  Two pairs of two cards of same rank. Highest pair = best two-pair hand.
<b>4. Full House</b>  Three cards of same rank combined with a pair of cards of another rank.	<b>9. Pair</b>  Any two cards of same rank plus three random cards.
<b>5. Flush</b>  Any five cards of same suit. Highest card determines rank of flush vs. other flushes.	<b>10. High Card</b>  Five non-consecutive, non-matched cards of varying suits.



HAVE FUN!